

PERIYAR UNIVERSITY

(NAAC 'A++' Grade - State University - NIRF Rank 56
State Public University Rank 25)

SALEM - 636 011

**CENTRE FOR DISTANCE AND ONLINE EDUCATION
(CDOE)**

PROGRAMME PROJECT REPORT (PPR)



**M.SC. APPLIED PSYCHOLOGY
[SEMESTER PATTERN]**

(Candidates admitted from 2025-26 onwards)

Programme Project Report (PPR)

I. Program's Mission and Objectives

Mission

The mission of the M.Sc. programme (Master of Science) in Applied Psychology aims to provide an advanced knowledge and training in the field of psychology and holistically develop students who would be contented and successful in dealing with the psychological challenges at personal, professional, and social level.

Objectives

- Develop a comprehensive understanding of core psychological theories and principles.
- Explore the interplay between cognitive, emotional, and social factors in human behavior.
- Equip students with tools for assessment, intervention, and therapy in clinical and community settings.
- Apply psychology to improve workplace dynamics, leadership, and employee well-being.
- Enhance learning outcomes through psychological techniques tailored to educational environments.
- Address challenges such as substance abuse, discrimination, and conflict resolution.
- Foster communication, counseling, and interpersonal skills to interact effectively with diverse populations.
- Develop ethical decision-making skills in the application of psychology.
- Explore cultural and global perspectives on psychology to prepare for international and multicultural contexts.
- Encourage reflective practice and self-awareness to enhance personal development.
- Promote professional competencies required for careers in psychology, academia, or industry.

II. Relevance of the Program with HEI's Mission and Goals

To groom graduates who are well-developed to advance the field of psychology and apply their knowledge in psychology and solve real world problems contributing to the nation to reach sustainable development goals by imparting excellence in teaching, research, and outreach, activities.

III. Nature of prospective target group of learners

The target groups of learners include candidates who have passed any UG (bachelor) degree of this University or an examination of any other University accepted by the syndicate as equivalent shall be permitted to appear and qualify for the MSc. Applied Psychology.

IV. Appropriateness of Programme to be Conducted in Open and Distance Learning Mode to Acquire Specific Skills and Competence **Programme Outcomes (POs)**

PO1: Problem-Solving Skill

Apply knowledge of Management theories and Human Resource practices to solve business problems through research in a Global context.

PO2: Decision-Making Skill

Foster analytical and critical thinking abilities for data-based decision-making.

PO3: Ethical Value

Ability to incorporate quality, ethical, and legal value-based perspectives into all organizational activities.

PO4: Communication Skill

Ability to develop communication, managerial and interpersonal skills.

PO5: Individual and Team Leadership Skill

Capability to lead themselves and the team to achieve organizational goals.

PO6: Employability Skill

Inculcate contemporary business practices to enhance employability skills in the competitive environment.

PO7: Entrepreneurial Skill

Equip with skills and competencies to become an entrepreneur.

PO8: Contribution to Society

Succeed in career endeavors and contribute significantly to society.

PO 9 Multicultural competence

Possess knowledge of the values and beliefs of multiple cultures and a global perspective.

PO 10: Moral and ethical awareness/reasoning

Ability to embrace moral/ethical values in conducting one's life.

Programme Educational Outcomes (PEOs)

PSO1 – Placement

To prepare the students who will demonstrate respectful engagement with others' ideas, behaviors, and beliefs and apply diverse frames of reference to decisions and actions.

PSO 2 - Entrepreneur

To create effective entrepreneurs by enhancing their critical thinking, problem-solving, decision-making, and leadership skill that will facilitate startups and high-potential organizations.

PSO3 – Research and Development

Design and implement HR systems and practices grounded in research that comply with employment laws, leading the organization toward growth and development.

PSO4 – Contribution to Business World

To produce employable, ethical, and innovative professionals to sustain in the dynamic business world.

PSO 5 – Contribution to the Society

To contribute to the development of society by collaborating with stakeholders for mutual benefit.

Programme Specific Outcomes(PSOs):

PSO1: Acquire sound knowledge to solve specific theoretical & applied problems in different areas of psychology and mental health.

PSO2: Understand, formulate, develop psychological arguments, logically and use quantitative models to address issues arising in social sciences, human resources and other related context /fields.

PSO3: To prepare the students who will demonstrate respectful engagement with other's ideas, behaviors, and beliefs and apply diverse frames of references to take decisions and actions.

V. Instructional design

The curriculum is designed with Choice Based Credit System (CBCS), Learning Outcomes Based Curriculum Framework (LOCF), Guideline Based Credits and Hours Distribution system.

M.SC. APPLIED PSYCHOLOGY (DOE-PU)					
Semester - I					
S No	Course No – Category	Title of the course	CODE	Credit	Lecture Hour
1.	Core-I	Advanced General Psychology	25DPPSYC01	5	150
2.	Core-II	Applied Social Psychology	25DPPSYC02	5	150
3.	Core-III	Theories of Personality	25DPPSYC03	5	150
4.	Elective I	Organizational Behaviour	25DPPSYE01	3	90
5.	Elective - II	Interpersonal and communication skills	25DPPSYE02	3	90
			TOTAL	21	
Semester – II					
6.	Core-IV	Research Methodology & Applied Statistics	25DPPSYC04	5	150
7.	Core-V	Advanced Cognitive Psychology	25DPPSYC05	5	150
8.	Core-VI	Psychopathology-I	25DPPSYC06	5	150
9.	Core-VII	Developmental Psychology	25DPPSYC07	5	150
10.	Elective III	Geriatric challenges and development	25DPPSYE03	3	90
11.	Elective - IV	Biological basis of Behavior	25DPPSYE04	3	90
			TOTAL	26	
Semester – III					
12.	Core-VIII	Counseling skills and techniques	25DPPSYC08	5	150
13.	Core-IX	Behavior Modification	25DPPSYC09	5	150
14.	Core-X	Psychopathology-II	25DPPSYC10	5	150
15.	Core-XI	Psychological Assessment - I (Counseling & Psychotherapy)	25DPPSYL01	5	150
16.	Elective V	Addiction Counseling	25DPPSYE05	3	90
			TOTAL	23	
Semester – IV					
17.	Core-XII	Human Resource Management	25DPPSYC11	5	150
18.	Core-XIII	Psychotherapy	25DPPSYC12	5	150
19.	Core-XIV	Psychometry	25DPPSYC13	5	150
20.	Core-XV	Psychological Assessment - II (OB & HR)	25DPPSYL02	5	150
21.	Elective VI	Psychological intervention for developmental disorders	25DPPSYE06	3	90
			TOTAL	23	
			Total Credits	93	

ELECTIVE COURSES OFFERED

Group I

1. Geriatric challenges and development
2. Addiction Counselling
3. Training and development
4. Psychological intervention for developmental disorders
5. Organizational Behaviour
6. Psychological Training Module

Group – II

1. Interpersonal and communication skills
2. Computer-assisted research skills
3. Relationship counselling
4. Corporate counselling

Faculty and Support Staff:

The University has appointed the necessary faculty and support staff specifically for ODL mode, in compliance with UGC requirements. The course materials developed by the CDOE faculty meet the standards set by the 2020 regulations.

Staff Category Required	Required
Professor	1
Assistant Professor	1
Supportive Staff	1
Total	3

Delivery Mechanism:

CDOE ODL employs a modern ICT (Information & Communication Technology) enabled approach for instruction, distinct from conventional or regular programs. This methodology is more learner-oriented, with the learner actively participating in the teaching-learning process. The academic delivery system of CDOE ODL includes:

Print Material:

The printed material of the programme supplied to the students will be unit wise for every course.

Counselling Sessions:

There will be 6 counseling/ Personal contact classes in face to face mode of two hours each for a course of 4 credits. The counseling sessions / Personal Contact

Programme (PCP) classes will be held on the campus of the University on Saturdays and Sundays.

Medium of Instruction:

The medium of course instruction and examination will be in English.

VI. Procedure for admission, curriculum transaction and evaluation for M.Sc. Applied Psychology programme

Admission Procedure:

Admission to the M.Sc. Applied Psychology programme will be based on evaluating candidates' eligibility. Admission is not guaranteed, and Periyar University CDOE reserves the right to cancel any admission at any time if any irregularities are discovered in the admission process or eligibility criteria.

Duration of the Programme:

The maximum duration for M.Sc. Applied Psychology programme is N (Course duration) + 5 years. If a student does not complete the program within seven years, they must apply for special exams to complete their programme.

Eligibility:

A candidate who has passed 10, +2, +3 is eligible to apply for M.Sc. Applied Psychology.

Fee Structure:

Name of the Programme	Degree	Duration	Year	Fee (in Rs.)
Master of Science in Applied Psychology	PG	N (Course duration) + 5 years	1	5,710
			2	4,850

Credit System:

Periyar University, CDOE plans to implement the 'Credit System' for most of its programs. Each credit corresponds to 30 hours of study, encompassing all learning activities. Therefore, an 8credit course requires 240 hours, a 6-credit course requires 180 hours, a 4-credit course requires 120 hours, and a 2-credit course requires 60 hours of study. This system helps students gauge the academic effort needed to complete a course. To finish an academic program, students must successfully complete both the assignments and the term-end examinations for each course in the program.

Evaluation:

(a) Assessment:

Theory Courses: There shall be internal assessment for three internal tests, one seminar and one assignment, and external examination at the end of each

semester. The distribution of marks for internal evaluation and End Semester Examination shall be 25 marks and 75 marks, respectively.

Further, distribution of internal marks shall be 10 marks for test, 5 marks for seminar, 5 marks for assignment, and 5 marks for Attendance respectively. Best mark out of the first two internal tests and one model examination shall be taken for Internal Assessment.

Computer Laboratory Courses: There shall be three tests in Laboratory part. The average of the best two can be treated as the CIA for a maximum of 40 marks. The duration of each test shall be two hours.

Courses	Marks			No. of Courses	Total Marks	Credits
	External	Internal	Total			
Core	75	25	100	13	1300	65
Elective	75	25	100	06	600	18
Practical	60	40	100	02	200	10
Grand Total				21	2100	93

Note: There is no improvement for CIA of both theory and laboratory, and, also for University End Semester Examination.

b) Question Paper Pattern for Semester Examination

(i) Question Paper Pattern for Theory Examination

<p align="center">Maximum: 75 Marks</p> <p align="center">Passing Minimum: 50% (i.e. 38 marks) out of 75 marks</p> <p align="center">Duration : 3 Hours</p>
<p align="center">Part –A (10 x 2 = 20 Marks)</p> <p align="center">Answer ALL questions</p> <p align="center">Two questions from each Unit</p>
<p align="center">Part – B (3 x 5 = 15 Marks)</p> <p align="center">Three out of five one question from each Unit</p>
<p align="center">Part-C (5x 8 = 40 Marks)</p> <p align="center">Two questions from each Unit with internal choice (either-or type)</p>

(ii) Question paper pattern for Practical Examination

Time: 3 Hours Maximum: 100Marks (Internal: 40 + External: 60)

The components of 40 marks are

Periodical assessment - 20 marks

Test (best 2 out of 3) - 10 marks

Record - 10 marks

The components of 60 marks are

Experiments - 40 marks

Viva-voce - 10 marks

Record - 10 marks

Passing Minimum: 30 Marks (Aggregate of Experiments, Viva-voce and Record)

(No passing minimum for records)

There will be one question with or without subsections to be asked for the practical examination. Every question should be chosen from the question bank prepared by the examiner(s). A question may be used for at most three students in a batch.

(c) Passing Minimum

Passing Minimum in the end semester examination shall be 50% out of 75 marks (i.e., 38 marks).

There shall be no passing minimum for internal marks. A candidate who has secured a minimum of 50% marks in all the courses (including practical) prescribed in the programme and earned a minimum of **93** credits will be considered to qualify the Master's programme.

For the Practical paper, a minimum of 30 marks out of 60 marks in the University examination and marks for the record notebook taken together is necessary for a pass. There is no passing minimum for the record notebook. However submission of record notebook is a mandatory.

Classification of Result

Marks	Grade Point	CGPA	Letter Grade	Description
96 and above	10	9.51 and above	S+	First Class – Exemplary
91-95	9.5	9.01-9.50	S	
86-90	9.0	8.51-9.00	D++	First Class Distinction
81-85	8.5	8.01-8.50	D+ D	
76-80	8.0	7.51-8.00		
71-75	7.5	7.01-7.50	A++	First Class
66-70	7.0	6.51-7.00	A+	

Passing Minimum 50% P: Pass, ESE: End Semester Examination, CIA: Continuous Internal Assessment

$$\text{GPA} = \frac{\sum (\text{CDT} \times \text{GPT})}{\sum \text{CDT}}$$

Where: CDT – No. of credits of core, optional and elective courses

GPT= Grade Point (obtained by dividing the percentage of marks scored by 10)

VII. Requirement of Laboratory and Library Resources:

The University has well equipped computer labs with high configured desktops with good internet/wifi connectivity. It also has more than 6000 books and access to 100 e-books at post graduate and research levels.

The Central Library is one of the important central facilities of Periyar University. It has Text book, reference books, conference proceedings, back volumes, standards, and non-book material such as CD-ROMs and audios. The central library procured several e- books in different areas.

All routine functions of the library are automated with the help of an integrated library software package, developed and distributed by UGC INFLIBNET. The database the entire collection has been created and available through online Public Access Catalogue (OPAC) to the users via campus network.

The Centre for Distance and Online Education (CDOE) at Periyar University has begun establishing a dedicated library for the ODL program and is in the process of acquiring printed books and e-books for this purpose.

VIII. Cost Estimate of the Programme and the Provisions:

The University has already incurred initial expenses for infrastructure, manpower, SLM preparation, and other necessities. The University plans to allocate expenses from the total fee collection, based on admission of students as follows:

- SLM Printing and Delivery – 20%
- Salary and Administrative Expenses – 60%
- Software Development & Maintenance – 10%
- Future Developments – 10%

IX. Quality assurance mechanism

The CIQA will oversee and ensure the quality of the ODL programs. The CIQA of Periyar University's Centre for Online and Distance Education includes the Vice-Chancellor as the Chairperson, three senior teachers from Higher Educational Institutions, Heads of three departments or schools offering recognized programs in Open and Distance Learning and Online modes, two External Experts in Open and Distance Learning and/or online education, Officials from the Administration and Finance departments, and the Director of the Centre for Internal Quality Assurance as the Member Secretary.

The objective of the CIQA is to develop and implement a comprehensive and dynamic internal quality assurance system. This system will ensure that the

higher education programs offered in the Open and Distance Learning (ODL) and Online modes by the Higher Educational Institution are of acceptable quality and are continuously improved.

The Board of Studies (BoS) comprises of expert faculties from the Department of Psychology who review the course curriculum once in every 2 to 3 years. The BoS benchmarks the course curriculum with the requirement by the industry and feedback from stakeholders.

Consequently, the course curriculum and study materials will be revised in tune with the academy and industry requirements. The feedback from students on teaching will be collected every semester using appropriate feedback mechanism.

The expected programme outcomes are:

- Attainment of knowledge about learning through innovative teaching methods.
- Applying the principles and concepts of broad range of fundamental and advanced area of Psychology in teaching-learning process.
- Realizing the importance of ICT based teaching process.